



# Racial Equity Series



## Session 3: Engaging in Difficult Conversations

### GUIDING QUESTIONS

*How can difficult conversations lead to growth and improvement?*

*What tools can we use to sustain conversations and understand differing perspectives?*

*How can we better understand defensiveness and denial (ours and others)?*

OBJECTIVES	AGENDA
<ul style="list-style-type: none"><li>▪ Engage in personal reflection and demonstrate an openness to learn &amp; grow;</li><li>▪ Learn &amp; practice tools for engaging in difficult conversations;</li><li>▪ Understand the impact of race/racism on our practice as educators; and</li><li>▪ Increase levels of racial consciousness.</li></ul>	<ol style="list-style-type: none"><li>1. Introduction: Session Outcomes, Purpose/Non-Purpose, Norms, Considerations, &amp; Warm-up</li><li>2. Difficult Conversations: <i>The Challenge, The Zone, &amp; Common Responses</i></li><li>3. Tools to Support Difficult Conversations, Reflection, &amp; Growth</li><li>4. Applying the Tools</li></ol>